



# BRINGING RECOVERY, GROWTH AND INDEPENDENCE TO OUR CLIENTS.

Chances are, sometime in your life you will know someone who has been affected by sexual assault, mental illness, homelessness or poverty. Many of our friends and neighbors in the Metro-East are dealing with these difficulties right now, and Call for Help is there to help them through these challenges.

Call for Help empowers people to overcome hardships and put their lives on a positive path. We help victims of sexual assault recover from the trauma; we help homeless young women with small children build skills to live independently; we help persons with mental illness who are homeless learn to live successfully in the community; we help individuals and families in poverty avoid homelessness and further disruption in their lives. We also link all our clients with additional resources in the community which can help ensure their long-term success.

In FY 2013 we took a major step forward as we put in place a plan to redirect funding from a longtime service, the suicide and crisis hotline, to a new daytime drop-in center for persons with mental illness. Planned for a 2014 opening, this center will offer resources to support these persons' continued success at stable community living, a service not available in the Metro-East today. To make this possible, the suicide and crisis hotline was phased out as of Aug. 31, 2013. The hotline had been utilized less and less as a number of other hotlines and support services have become available.

Other FY 2013 efforts to strengthen operations:

- We completed a successful transition of our accounting function from an outsourced service, to an in-house director of finance. This change will yield substantial cost savings and improve our staffing capacity.
- Call for Help earned four-year reaccreditation from the Council on Accreditation. Achieving reaccreditation involved an extensive review of agency programs, policies and procedures.
- Furniture is being updated in the Community Stabilization Program, thanks to grants from the Boeing-St. Louis Employees Community Fund, the Blowitz-Ridgeway Foundation, and the Diocese of Belleville CSMA Fund for Ministry.
- We continued to strengthen agency management and staff expertise.

Call for Help is building a strong foundation for our agency. We look forward to being the place where area residents turn when they face homelessness, sexual assault, mental illness or poverty, or need a additional supportive resources.

Melinda Nicholson  
Board President



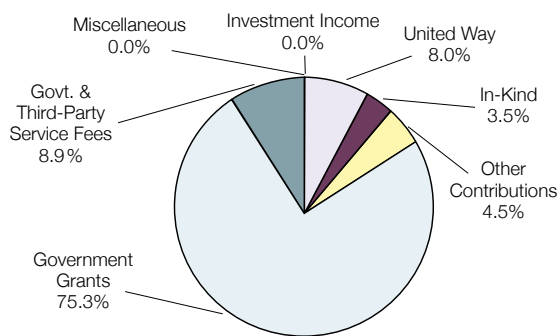
Cheryl Compton  
Executive Director



## FINANCIALS

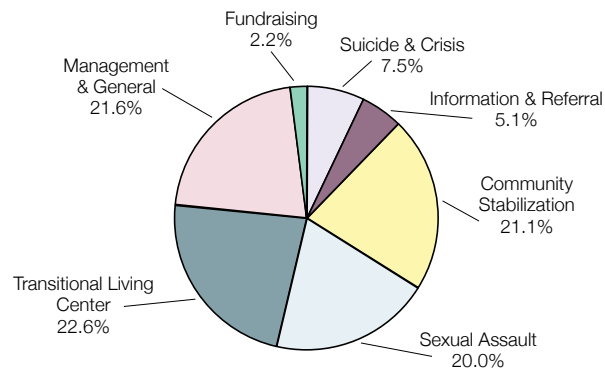
YEAR ENDED JUNE 30, 2013 (AUDITED)

### REVENUES



TOTAL EXPENSES - \$2,498,086

### EXPENSES



TOTAL EXPENSES - \$2,458,582

NET ASSETS JUNE 30, 2013 - \$2,863,062

## BOARD OF DIRECTORS 2013

### Officers

**President**  
**Melinda Nicholson, MSM**  
New Horizons Computer Learning Center

**Vice President**  
**Mary Ann Jobe**  
Barnes-Jewish College of Nursing

**Treasurer**  
**Mike Nagy**  
All Clean Restoration Services, Inc.

**Secretary**  
**Carmella L. Hardnett, MBA**  
Cigna

**Yvonne Jordan**  
CUSD #3 and Unity Hospice

**Gary Klemme**  
Community Volunteer

**Jackie Lemmon**  
Bank of Belleville

**Raymond Marbury**  
Major, U.S. Air Force (Retired)

**David Moore**  
U.S. Dept. of Agriculture

**Doug Peters**  
Bank of Springfield

**Paul Quirin**  
Accountant

**Vonetta Rush**  
Community Volunteer

**Barton Tate**  
Belleville News-Democrat

### Directors

**Sundra Brown, MSW, LCSW, BCD**  
Community Volunteer

**Ryan Corrigan**  
8760 Engineering, LLC

**Janet Hornberg**  
Assistant State's Attorney  
St. Clair County, Illinois

### MAJOR FUNDERS

U.S. Dept. of Housing & Urban Development



Madison County Mental Health Board

St. Clair County Mental Health Board

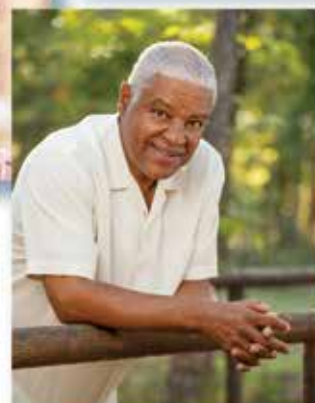


9400 Lebanon Rd.  
East St. Louis, IL 62203  
618-397-0968  
www.callforhelpinc.org



Call for Help, Inc.  
2013 Annual Report

# HELPING PEOPLE BUILD NEW BEGINNINGS



# PROGRAM HIGHLIGHTS

## YEAR ENDED JUNE 30, 2013

### BREAKING THE CYCLE OF HOMELESSNESS

Growing up in an environment of poverty, substance abuse, criminal behavior and other problems can leave a young woman with an uphill struggle. Lacking supportive family, job skills and a high school diploma, and parenting one or two small children, she may be unable to manage on her own and becomes homeless. The Call for Help Transitional Living Center provides a temporary home for these women and their children, and prepares them for independent living. Services include counseling, case management, help to finish a high school diploma or get a GED, assistance with entry into the workforce, and life skills classes to prepare for independent living. In the year just completed, the Transitional Living Center served 111 women and children with 11,102 nights of care.

*A 19-year-old mother of a daughter, age 2, came to the Call for Help Transitional Living Center after leaving a dysfunctional, unsafe home occupied by 11 people. Once she became stabilized in the program, she began working part-time at a local discount store and enrolled in a medical assistant training program. She graduated from the training and passed her certification exam. She now is employed as a certified medical assistant. Call for Help worked with the St. Clair County Intergovernmental Grants Dept. to obtain financial assistance for her to set up her own apartment in the community. Through life skills classes, she learned how to manage her income and maintain her apartment for herself and her children.*



### LEARNING TO LIVE WITH MENTAL ILLNESS

For a person with mental illness who is homeless, the Community Stabilization Program offers a chance for a fresh start. Through Community Stabilization, consumers learn to maintain their medications, gain insight into living with mental illness, and develop the skills necessary to maintain independent community living. Clients also are assisted in locating appropriate housing in the community and connecting with supportive resources. A total of 60 clients received 5,201 nights of care in FY 2013.

*Vincent came to Call for Help and the Community Stabilization Program a little over two years ago. "I was homeless, about to lose my life," he said. Call for Help connected him with resources to end his drug habit, and helped him become compliant with taking his medications necessary to control his mental illness. He qualified for special financial assistance from the Illinois Department of Mental Health toward furnishings and security deposit as well as a portion of his rent on his own apartment. A year and a half later, he continues to do well. He enjoys taking the bus to places around the area, and rides his bicycle to nearby stores in Fairview Heights. He said, "Call for Help helped me when I didn't know what I was going to do. God bless Call for Help."*



### RECOVERING FROM THE TRAUMA OF SEXUAL ASSAULT

As the designated rape crisis service center for the Metro-East, Call for Help responds 24 hours a day to victims of rape and other sexual assault. Trained advocates arrive at the hospital or police station in the immediate aftermath to provide comfort and support through the medical and legal process. A total of 89 victims were served in FY 2013. Also last year, Call for Help provided counseling at no-cost to 175 adult and child victims to help them heal from the trauma. Art therapy and other techniques help ease the pain. In addition, Call for Help reached 17,000 residents through presentations on sexual assault awareness to school, community and professional groups.

*Two days after she was raped, Tiffany was told by the police that her case was denied by the State's Attorney. The Call for Help advocate followed up with police and the State's Attorney on behalf of the victim to investigate the case further and also examine information from another victim of the same perpetrator. As a result, both victims were able to obtain Civil No Contact Orders against the perpetrator. Without our advocate, none of this legal action in their favor would have taken place. Through life skills classes, she learned how to manage her income and maintain her apartment for herself and her children.*



### MEETING BASIC NEEDS

*A job loss or medical expenses can leave a family in poverty and unable to pay for rent and utilities. The Call for Help Information & Referral program connects families with sources of assistance. In FY 2013, 191 households received assistance. A \$25,000 energy assistance grant from Ameren Illinois enabled Call for Help to assist families impacted by the extreme heat of summer 2012.*

### PROVIDING COMFORT IN CRISIS

*The Call for Help Suicide & Crisis program served 412 crisis calls during FY 2013. The crisis hotline was discontinued as of Aug. 31, 2013; these calls are now being served by various other crisis hotlines in the Metro-East and in St. Louis.*

### MAJOR FUNDERS

#### Government

U.S. Dept. of Housing & Urban Development  
Illinois Dept. of Human Services  
Illinois Dept. of Commerce & Economic Opportunity  
Illinois Coalition Against Sexual Assault  
Madison County Mental Health Board  
St. Clair County Mental Health Board

#### Federated Campaign

United Way of Greater St. Louis

### DONORS

#### Corporations & Foundations

Ameren Illinois  
Blowitz-Ridgeway Foundation  
Boeing St. Louis Employees Community Fund  
Dana Brown Charitable Trust  
Old Newsboys Fund for Children  
The ROHO Group  
Walmart Store Cahokia

#### Third-Party Events & Fundraisers

Mynx Academy  
Zombie Squad  
Lindenwood University Graduate Management Class

#### Pillar of Hope Event Sponsors

AT&T  
Bank of Springfield  
Phillips 66 Wood River Refinery  
St. Clair County Bar Association  
World Wide Technology, Inc.

#### Pillar of Hope Advertisers

All Clean Restoration Services  
Bank of Belleville  
The Bank of Edwardsville  
Commerce Bank  
Cornerstone Insurance Group  
Memorial Hospital  
Peaknet  
Regions Bank  
The ROHO Group  
Village of Shiloh

#### 20/12 Raffle In-Kind Support

All Clean Restoration Services  
Bank of Belleville  
Bella Milano  
The Bike Surgeon  
Bixby's Restaurant  
Dillard's St. Clair Square  
Effinger Garden Center  
Empire Comfort Systems  
Memorial's Belleville Health & Sports Center  
Don Rodgers Ltd.  
Paul Mirring Florist  
Six Flags St. Louis

#### Individuals & Organizations

**\$1,000 and above**  
Belleville Township Fund  
Catholic Diocese of Belleville-CSMA Fund for Ministry  
Edward Smith, American Direct Marketing Resources  
Korein Tillery, Attorneys at Law

#### \$500-\$999

Community Kindness  
Michael Dissett  
Faith Lutheran Church O'Fallon  
Russell K. Scott

First Baptist Church  
Well of Living Water Ministries

#### \$100-\$499

Larry and Linda Altmansberger  
Thomas W. Alvey Jr.  
Barbara Baldrige  
Tom and Diana Barnett  
John Barud  
David H. Bone  
James Braibish  
Brian Bretsch  
Alexander and Sundra Brown  
Carl and Karen Buehler  
Ryan Corrigan  
Cheryl Compton  
Karen Dissett  
Rev. Dr. Marvin and Dorothea Engelsdorfer  
Florists' Mutual Employees Contribution Fund  
Hope Church  
Vatel Jackson  
Mary Ann Jobe  
Michael David Jobe  
Patricia Jobe  
Kappa Alpha Psi, East St. Louis Alumni Chapter  
David and Phyllis Kelsheimer  
Hon. Mark Kern  
Rodger P. Kester  
Lisa Majewski  
Raymond E. Marbury  
Debra & John Markarian  
James R. Mendillo  
Mount Zion Baptist Church  
Robert and Mary Newell  
Caroljean and Arthur Peters  
Presbyterian Women First United  
Presbyterian Church  
Patricia and David Rudloff

Sounds of Harmony Chorus  
Stephen A. Schmidt M.D.  
Jack L. Schmitt  
John Simpson  
Union United Methodist Church  
Barbara A. Weiner

#### Memorial and Tribute Gifts

*In memory of Bob Jobe*  
Rusty and Sandra Wagner  
Jean and Daniel Hejde  
*In honor of Caroljean & Arthur Peters*  
Curt and Sherri Gericke  
*In honor of Mary Ann Jobe*  
Bob Hardcastle, Delta Investments  
*In honor of Patricia Jobe*  
Patrick and Roberta Calvin  
*In honor of Raymond Marbury*  
Judge Milton S. Wharton

### Call for Help Mission

To assist, motivate and empower people facing personal crisis to achieve their maximum potential for daily living.

