

From the Board President and Executive Director

As individuals and families in our community continue to face difficult times, Call for Help stands firm as a helping hand and healing voice for people in crisis. Call for Help provides a vital safety net and support for people at times of special need ... **Young homeless mothers** working to break the cycle of poverty **Victims of sexual assault** as they overcome trauma and regain their lives **People in emotional distress** as they cope with the loss of a loved one or a relationship **Homeless mentally ill** individuals as they seek to stabilize their lives in the community **Families in poverty** trying hard to put meals on the table and keep a roof over their heads

Each year, through our residential and counseling programs, we equip hundreds of people with skills and support to make lasting change in their lives and overcome crisis. Thousands more receive short-term support to help prevent homelessness and successfully cope with personal challenges. Plus, we educate many thousands of adults and children in suicide prevention and sexual assault awareness.

The 2010 fiscal year has been a time of challenge and transition at Call for Help. Our Board of Directors became aware of the need to strengthen the management and operation of our programs and, as a result, elected to make a change in the leadership of the agency. After a search process, Cheryl Compton, LCSW, was appointed Interim Executive Director in June 2010 and became permanent Executive Director in October 2010.

Throughout our programs, we are refining staffing, training, reporting and accountability so we are operating in the most efficient and cost-effective way. In addition, the State of Illinois fiscal crisis and our nation's overall economic downturn resulted in major fiscal challenges which we are working hard to address.

There is no doubt about the critical need for the services of Call for Help in the community. Likewise, we have no doubt about the lasting positive impact we have on individuals and families. We remain strongly committed to delivering the highest quality services to our clients and the community, and sustaining Call for Help as a viable safety net for the Metro-East.

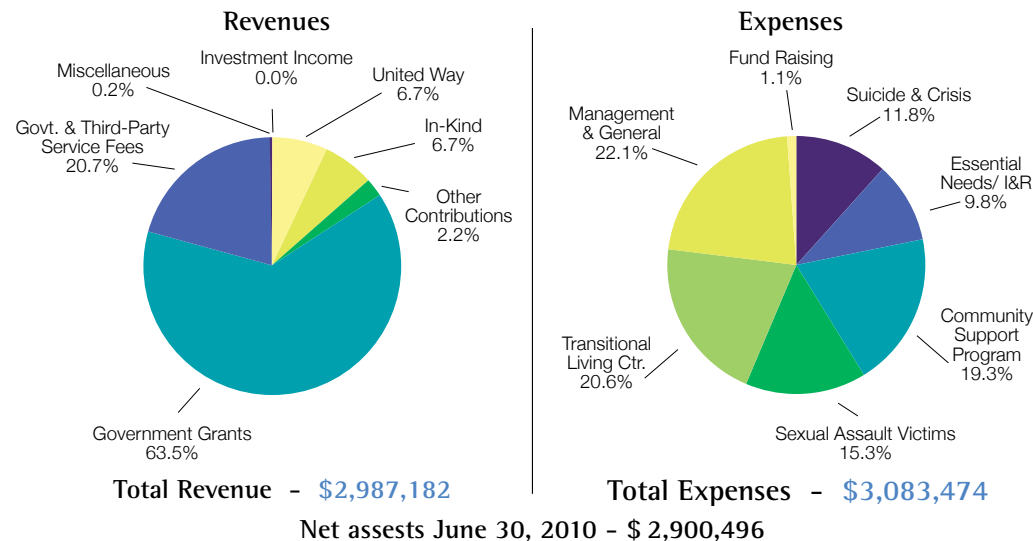
Barton Tate
2010 Board President

Cheryl Compton
Executive Director



Cheryl Compton, LCSW, joins Call for Help after serving for 28 years as executive director of Heartland Human Services, an Effingham, IL, behavioral healthcare agency. She holds her master's in social work from the University of Illinois and a bachelor's in social work from Southern Illinois University at Carbondale. "We are very fortunate to bring to Call for Help a leader with Cheryl's depth and breadth of experience," said Barton Tate, Call for Help board president.

Call for Help, Inc. and Call for Help Foundation
Consolidated Totals
Year Ended June 30, 2010 (Audited)



Call for Help, Inc. • 2010 Board of Directors

- | | | |
|--|---|---|
| Officers | Directors | Yvonne Jordan |
| Barton Tate, President
Belleville News-Democrat | Constance Austin
US Bank | CUSD #3
Unity Hospice |
| Lizabeth Morgan, Vice President
Retired Speech Pathologist | Sundra Brown, MSW,
LCSW, BCD
VA Medical Center | Raymond Marbury
Major, U.S. Air Force (Retired) |
| Mike Nagy, Secretary
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Services, Inc. | Carmella L. Hardnett, MBA
Express Scripts | Melinda Nicholson, MSM
St. Clair County Intergov.
Grants Dept. |
| Jackie Lemmon, Treasurer
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Assistant State's Attorney
St. Clair County, Illinois | Rhonda Reamer
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Barnes-Jewish College
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Attorney at Law |
| | | Monica Settles White
Charter Communications, Inc. |

Call for Help Foundation • 2010 Board of Directors

- | | | |
|--|--|--|
| Mike Nagy, President
All Clean Restoration
Services, Inc. | Sara Sue Tedesco, Treasurer
Community Volunteer | Raymond Marbury
Major, U.S. Air Force
(Retired) |
| James Mendillo, V.P. and Sec.
Attorney | Gary Klemme
Centreads | Doug Peters
Bank of Springfield |
| Call for Help, Inc. | 9400 Lebanon Rd.
East St. Louis, IL 62203
618-397-0968
www.callforhelpinc.org | Proud member of
United Way of Greater St. Louis |



HELP AND HOPE FOR
PEOPLE IN CRISIS

2010 ANNUAL REPORT



Standing firm...
Renewing our commitment

EASING THE DISTRESS

Suicide and Crisis Counseling

Call for Help provides the only 24-hour suicide and crisis hotline in the Metro-East area. Specially trained crisis workers listen to callers, offer support and suggestions and link people with critical community resources. Short-term in-person counseling is available along with a Survivors of Suicide support group.



In FY 2010:

- 5,549 persons served
- 259 hours of counseling provided
- 52 new counseling clients served
- More than 5,000 people and 191 agencies reached through community education

BUILDING INDEPENDENCE

Transitional Living Center for Homeless Young Women

This intensive two-year residential program helps homeless young women – many of whom are pregnant or the parent of young children – develop the skills and support to live successfully and independently in the community. During their stays

at the Transitional Living Center, clients receive a variety of services including life skills classes, job readiness training, GED, parenting education and mental health counseling. The Transitional Living Center makes long-term change in young women's lives.

In FY 2010:

- 143 women and children served
- 10,012 nights of care provided



PROVIDING A BRIDGE TO STABILITY

Community Support Program

For people with mental illness who have become homeless, Call for Help's Community Support Program provides a bridge back to stability. Residents are provided opportunities for assistance with self-esteem, understanding their mental illness, symptom management and basic life skills. The program helps them locate appropriate housing and support resources to transition back to the community.



In FY 2010:

- 131 individuals served
- 5,926 nights of care provided

GIVING A HELPING HAND

Essential Needs/Information & Referral

When families face financial crisis due to poverty, job loss, medical expenses or other events, Call for Help's Essential Needs/Information & Referral program can link them with assistance in meeting basic needs such as rent, utilities and food. Key program goals are the prevention of homelessness and, when needed, a rapid return to stable housing. Call for Help also administers various government-funded assistance programs.



In FY 2010:

- 19,925 calls received
- 276 families received rental/utility assistance
- 515 received food

STANDING AT THEIR SIDE

Sexual Assault Victims Care Unit



Call for Help's Sexual Assault Victims Care Unit responds 24 hours a day, 7 days a week to victims of rape, incest, molestation, harassment or other sexual assault. Specially trained advocates arrive at the hospital or police station to assist the victim with police interviews and in navigating the medical and legal systems. In addition, Call for Help provides adult and child victims with counseling and therapy at no charge to help them overcome the trauma of sexual assault, as well as community and professional education on sexual assault awareness.

In FY 2010:

- 79 responses to assault victims
- 318 persons received services
- 23,193 people reached through community presentations

Mission

Call for Help provides individualized 24-hour crisis intervention and support services to enhance coping skills and improve the lives of those served.

Donors • Year ended June 30, 2010

Government

U.S. Dept. of Housing & Urban Development
 Illinois Dept. of Human Services
 Illinois Attorney General
 Illinois Dept. of Commerce & Economic Opportunity
 Illinois Coalition Against Sexual Assault
 Madison County Mental Health Board
 St. Clair County Mental Health Board
 East St. Louis Community Development Block Grants

Federated Campaigns

United Way of Greater St. Louis
 Combined Federal Campaign

Corporations & Foundations

Boeing St. Louis Employees Community Fund
 Daughters of Charity Foundation of St. Louis
 Macro International
 Old Newsboys Foundation
 William T. Kemper Foundation
 Walmart Store #1418
 Walmart Store #1761

Individuals & Organizations

\$1,000 and above

Belleville Township Fund
 Community Kindness/Friends of Peace
 Hope Church
 Michelle Lindsey
 John C. Mendillo Family Foundation
 Well of Living Water Ministries

\$500-\$999

Catholic Diocese of Belleville
 St. Paul United Church of Christ

\$100-\$499

AT&T United Way Employee Giving Campaign
 Gerald Bailey
 Donald and Connie Bergmann
 Bertelsman Clinic
 James Braibish
 CBIZ
 Christ Anglican Church, Inc.
 East St. Louis Alumni Chapter Kappa Alpha Psi Fraternity
 First Baptist Church
 Fisher Pharmacy
 Florist Mutual Employees Contribution Fund
 Roger and Melissa Fowler
 Gamma Phi Omega International Sorority Townhouse 2
 Montrece Gregory
 Jean and Daniel Hejde
 Highland Community Unit School
 Illinois Distributing Company
 Mary Ann Jobe
 Patricia Jobe
 Rodger P. Kester
 Knights of Columbus Tri-City Assembly
 Jacqueline and Steven Lemmon
 Michael and Angela Hoffman Meyer
 Robert and Sue Newell
 Operative Plasterers & Cement Masons, Local 90
 Pre-Pharmacy Association SIUE
 Presbyterian Women, First United Presbyterian Church
 Project U.S.
 Barry and Debra Rahn
 Franklin P. Rogers
 Stephen A. Schmidt

Signal Hill Lutheran Church
 Successful Directions LLC
 Southern IL University
 Robert and Sue Tedesco
 Thouvenot, Wade & Moerchen, Inc.
 Deborah Thurston
 Truist Altruism, Connected
 Vantage Credit Union
 Wells Fargo Community Support Campaign
 Peter J. Werner
 Wilke Window & Door Inc.
 Bernard and Diana Wurth

\$5-\$99

A Sure Wing, LLC
 Alton High School A-Town Steppers
 David and Ruth Anderson
 Anonymous
 Claudine Baker
 Jennifer Bunn
 Patrick and Roberta Calvin
 Carole Hiatt Design Associates
 Chestnut Health Systems
 Mike Colligan
 Committee to Elect Tom Holbrook
 Crossroads Christian Church
 Gail Delaney
 Lelia DeRousse
 Melissa and Dave Epps
 Florists' Mutual Insurance Company
 Genuine Automotive, Inc.
 Karen and Jeff Greenstreet
 David and Maria Jobe
 Stephen and Kim Johnson
 Rhonda M. Koldehoff
 James and Mary Kreher
 Susan J. Laduzinsky
 Raymond E. Marbury
 Ann L. McClellan
 G.M. Miller
 Minerva Women's Club
 Jonathan and Carmel Monisit
 Caroljean and Arthur Peters
 Pfizer United Way Campaign
 Rhonda and Keith Reamer
 Ronald L. Richter
 Patricia and David Rudloff
 David and Kathleen Rudy
 St. Augustine of Hippo Catholic Church
 Susan Schoendienst
 Angela and Jeffrey Springer
 Anne R. Sulicz
 Fred and Daphne Sumner
 Barton D. Tate
 Union United Methodist Church
 Reba F. Vaught
 Homer W. Weidmann
 Katherine Whalen
 Audrey Wilson

Memorial and Tribute Gifts

In memory of Donald Wayne Campbell, Sr.
 Al Buchanan
 Pearl Campbell
 Monserat Goze
 Mr. and Mrs. Aubrey Norton
 In honor of Robert and Sue Tedesco's
 50th anniversary
 Robert and Karen Busch