

STAFF'S PERSONAL JOURNEYS BENEFIT CLIENTS OF NEW PROGRAM

Dianna Castleberry and Marie Krysnoski have walked the journey of mental illness—and have carried on to achieve stability in their lives. Now they are dedicated to sharing the lessons of their recoveries with clients of the Recovery Support Center, Call for Help's newest service launched in 2014.

Serving adults recovering from mental illness who live in the community, this center offers activities including peer-led support groups, skill-development programs, employment support, connection with community resources and more. Already, some 18 persons from the community are registered to participate at the RSC.

Dianna and Marie are both specially trained to assist persons with mental illness, and soon will complete their Certified Recovery Support Specialist credentials. To achieve the CRSS, one must obtain 100 hours of relevant education plus 2,000 hours of supervised work experience in the mental health field, and successfully complete the CRSS examination.

Dianna already has been sharing her story through area support groups and the book she co-authored, *Bursting Bubbles*. Her journey with schizoaffective disorder included overspending

and several suicide attempts, before becoming stable.

Marie's journey is much different. She struggled through college and 17 years of work as a financial analyst while battling bipolar disorder. When she required outpatient treatment in 2008, she became medication-stabilized and this opened the door to recovery.

As she worked her recovery, she saw a brochure on the CRSS credential and thought about a career change from finance. "As I was getting healthier, I wanted to find greater purpose in my career."

With the Recovery Support Center, both hope to help many more persons with mental illness in their recoveries. Dianna said, "We want to let people know there is help available. It is ok to talk about mental illness. Mental health is not a choice, but recovery is."

Marie added, "People who have mental illness can have hope for recovery. They're not alone. There is an absolute need for this program."

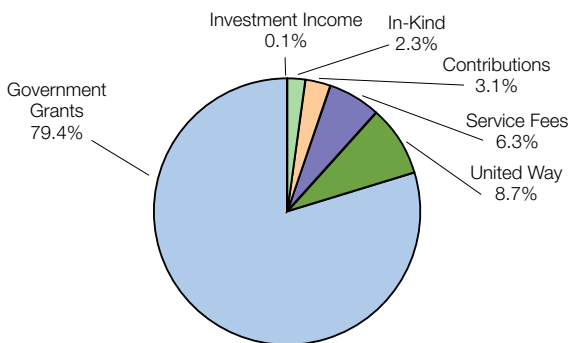


Dianna Castleberry, left and Marie Krysnoski, right

FINANCIALS

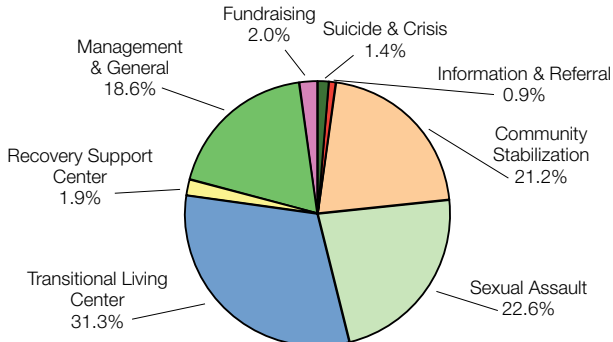
YEAR ENDED JUNE 30, 2014 (AUDITED)

REVENUES



TOTAL REVENUES - \$2,367,200

EXPENSES



TOTAL EXPENSES - \$2,277,952

NET ASSETS JUNE 30, 2014 - \$2,952,310

BOARD OF DIRECTORS 2014

OFFICERS

President
Melinda Nicholson, MSM
Community Volunteer

Vice President
Mary Ann Jobe
Barnes-Jewish College of Nursing

Secretary
Ryan Corrigan
8760 Engineering, LLC

Treasurer
Mike Nagy
All Clean Restoration Services, Inc.

DIRECTORS

Marty Bausano
St. Clair County Emergency Telephone System

Sundra Brown, MSW, LCSW, BCD
Community Volunteer

Carmella L. Hardnett, MBA
The Outsource Group

Jeremy Hicks
Energizer Holdings, Inc.

Janet Hornberg
Assistant State's Attorney
St. Clair County, Illinois

Yvonne Jordan
CUSD #3 and Unity Hospice

Jackie Lemmon
Bank of Belleville

Raymond Marbury
Major, U.S. Air Force (Retired)

Ellen Midgley
Lincoln Electric

Doug Peters
Bank of Springfield

Paul Quirin
Accountant

Barton Tate
Belleville News-Democrat

MAJOR FUNDERS

U.S. Dept. of Housing & Urban Development



Madison County Mental Health Board

St. Clair County Mental Health Board



9400 Lebanon Rd.
East St. Louis, IL 62203
618-397-0968
www.callforhelpinc.org



EXECUTIVE MESSAGE

The past fiscal year has marked an important step forward for Call for Help as we reach out to the community with our newest service, the Recovery Support Center.

This center meets a major unmet need for support services for persons with mental illness who live on their own or with family in the Metro-East. Designed to help reinforce their recoveries, the Recovery Support Center offers peer-led support groups, activities, a computer center and much more. It is staffed by Certified Recovery Support Specialists—individuals who have journeyed their own recoveries to a successful level of stability. They now stand ready to assist others on their journeys. This service is provided to the community at no charge.

Special thanks to the Department of Mental Health of the Illinois Department of Human Services, to the St. Clair County Mental Health Board, and to the United Way of Greater St. Louis, for their financial support and commitment to the Recovery Support Center. Besides supporting center operations, this funding enabled us to create a beautifully remodeled space to house the center.

Utilizing what formerly was a residential section in our main building, the interior was completely renovated including new floor, ceiling, walls and furnishings. This creates a quality environment for our program participants.

The Recovery Support Center is a strong complement to our existing programs. These include the Community Stabilization Program preparing homeless adults with mental illness for community living; the Transitional Living Center giving homeless young women the skills and support to live independently; the Sexual Assault Victims Care Unit helping adult and child victims overcome the trauma and educating the community in sexual assault awareness; and Information & Referral connecting individuals and families at risk of homelessness with needed help toward rent and utilities.

Today, Call for Help offers a solid range of programs helping people overcome mental illness, homelessness, sexual assault, poverty and other challenges. Thanks to all the dedicated staff, volunteers, funders and community partners who help make this possible.

Cheryl Compton, Executive Director

PROGRAM HIGHLIGHTS

SEXUAL ASSAULT VICTIMS CARE UNIT

- **Provided medical/legal advocacy for 59 sexual assault victims.** The Sexual Assault program's trained workers respond 24/7 to victims in the immediate aftermath of the assault, at the hospital or police station. They continue to follow up with ongoing needs such assistance toward obtaining orders of protection.
- **Delivered no-cost counseling to 187 adults and children.** This helps victims heal from the trauma and return their lives closer to their pre-assault state. Art therapy and other special techniques help children express their feelings.
- **Gave educational presentations to 28,673 children, adults and professionals on sexual assault awareness.** School presentations are age-appropriate, ranging from good touch/bad touch and reporting threats for young children, to cyberbullying and date rape for teenagers. The number of people reached was 50% more than in 2013, due primarily to Erin's Law going into effect in Illinois requiring sexual assault education in schools.

TRANSITIONAL LIVING CENTER

- **Assisted 43 homeless young women and their 57 children in developing the skills and support to live independently.** While residing at the center, clients receive life skills training, counseling, support toward completing education, assistance in locating housing, and connecting with other community resources.

COMMUNITY STABILIZATION PROGRAM

- **Served 44 homeless adults with mental illness in preparing for community living.** Residents were assisted in managing their medications, understanding their illnesses, improving life skills, securing community housing and more. Every day, residents participate in a "Daily Motivator" support group where they hear affirmative readings and discuss such topics as stress relief, anger management, patience and more.

INFORMATION & REFERRAL

- **Provided 84 individuals and families with assistance toward rent and utility payments.**



CALL FOR HELP MISSION

To assist, motivate and empower people facing personal crisis to achieve their maximum potential for daily living.

MAJOR FUNDERS

Illinois Coalition Against Sexual Assault
Illinois Dept. of Commerce & Economic Opportunity
Illinois Dept. of Human Services
Madison County Mental Health Board
St. Clair County Mental Health Board
United Way of Greater St. Louis
U.S. Dept. of Housing & Urban Development

DONORS

CORPORATIONS & FOUNDATIONS

Afton Chemical Corporation
Boeing St. Louis Employees Community Fund
Diocese of Belleville, CSMA Fund for Ministry
Dominican Sisters of Springfield-Poverty, Justice & Peace Fund
Evangelical Lutheran Church, Domestic Hunger Fund
Old Newsboys Fund for Children
The ROHO Group
Trio Foundation of St. Louis
Walmart Foundation – Sam's Club O'Fallon

THIRD-PARTY FUNDRAISERS

Mynx Academy

PILLAR OF HOPE EVENT SPONSORS

Ameren Illinois
Bank of Springfield
Greensfelder, Hemker & Gale, P.C.
Phillips 66 Wood River Refinery
St. Clair County Bar Association
The ROHO Group

PILLAR OF HOPE ADVERTISERS

All Clean Restoration Services
Bank of Belleville
The BANK of Edwardsville
Commerce Bank
Cornerstone Insurance Group
Carole Hiatt Design Associates
Thomas Holbrook
Holland Construction Services
James Mendillo, Attorney
Schmale Insurance Agency, Inc.
Southwestern Illinois College

PILLAR OF HOPE IN-KIND SUPPORT

Bella Milano
Alexander & Sundra Brown
Casino Queen
Da-Com/Jim Goetter
Dierberg's Shiloh
Dillard's St. Clair Square
Grey Eagle Distributors
Carole Hiatt Design Associates
Memorial's Belleville Health & Sports Center
Mike Nagy, All-Clean Restoration
Ravanelli's

INDIVIDUALS & ORGANIZATIONS

\$1,000 and above
Belleville Township Fund
Edward Smith, American Direct
Marketing Resources

\$500-\$999
Dave Wenzel

\$100-\$499
Anonymous
Barbara Baldrige
Tom and Diana Barnett
Beacon Ministries
Tim Bertelsman
James Braibish

Alexander and Sundra Brown
Vicki and Roland Brumitt
Carl and Karen Buehler
Diane M. Clines
Cheryl Compton
Jerry F. Costello II
Empire Comfort Systems Inc.
Jack and Jill of America, East St. Louis Chapter
JHL Construction
Patricia Jobe
Rodger P. Kester
Richard Mark
Market Avenue Church of God
Pamela McCraney
JT McDermott Remodeling Contractors, Inc.
Fr. Carroll Mizieko, OFM
Robert and Mary Newell
Gyron Peden
Presbyterian Women, First United Presbyterian Church
Principalli's Cafe
Stephen A. Schmidt, M.D.
John Simpson
Sounds of Harmony Chorus, Southwestern Illinois Chapter
Barton D. Tate
Peggy Villiger
Barbara Weiner
Well of Living Water Ministries

\$50-\$99
Alpha Delta Kappa
Ruth Black
Marjorie Brookens
Col. Charles Brown
Patrick and Roberta Calvin
Crossroads Christian Church
Gary Eberhart
Jeanne Faulkner
Rev. Ronald and Debra Neustadt
Lorenzo and Melinda Nicholson
JoAnn Pisel

Cheryl Prost
Franklin Rogers

MEMORIAL AND TRIBUTE GIFTS

In memory of Tammura Alexandria Hamilton
Illinois Dept. of Corrections Employee Benefit Fund

In honor of the Corrigan Family

Ryan Corrigan

In honor of Roberta Calvin

Angie Johnson

In honor of Reyne Prochaska and Family

Caroljean & Arthur Peters

In honor of Rev. Dr. Julia Peters Brichacek

Caroljean & Arthur Peters

ANNUAL CELEBRATION HONOREES



From left, Call for Help Executive Director Cheryl Compton, with 2014 Pillar of Hope honorees Russell K. Scott, Jim Bostic of the Sounds of Harmony, Nan Bond of the Boeing Employees Community Fund, Vickie Hankammer of Belleville Eagle Realty, and Call for Help Board member Raymond Marbury. Call for Help 2014 Board President Melinda Nicholson is at right.